



Hormone optimization at the Victoria Womens Clinic

We are excited to offer this service for women and men's health to our community. This comprehensive, bio-identical hormone optimization program has helped thousands of people throughout the country to optimize their hormonal health. It is now offered to the Victoria area at the Womens Clinic.

This package is for your further information and to help us establish a medical record for you at the Clinic. You do not have to transfer your routine care to a doctor at the Clinic, but all routine studies need to be current (mammogram and pap smear for women). The following steps should be done:

- Complete the attached patient demographic information and return it to us so that we can create an official medical record for you. At the time you return the completed form a consultation appointment will be made.
- You will be given a lab order slip. Please take it to your lab of preference – optimally to a local CPL draw station.
- At that consultation appointment your VWCA physician will review your past medical record and labs, determine if you're a SAFE candidate for pellet implants, and set you up for your pellet insertion appointment.
- For women:
 - Labs will be repeated at 5 weeks post initial pellet insertion and then every three months.
 - A follow-up appointment will be made for six weeks post initial pellet placement (this will be made the day you have your pellets inserted).

- If a boost pellet insertion is required it will be performed at the follow-up appointment.
- For men:
 - Labs will be repeated at 4 weeks post initial pellet insertion and then every six months.
 - A follow-up appointment will be made for six weeks post initial pellet placement (this will be made the day you have your pellets inserted).
 - If a boost pellet insertion is required it will be performed at the follow-up appointment.

Please note the following:

- **All pellet implant procedures are cash or credit card only.** We will provide you with a bill to file with your insurance on your own if you like. **We will NOT file insurance for the pellet implants.**
- Initial consultation for new patient: \$125
- Cost of pellet insertion (regardless of the number of pellets inserted):
 - Women: \$350 – the typical woman needs pellets placement on average every three months.
 - Men: \$700 – the typical man needs pellets placed on average every six months.
- Follow up appointments \$45
- Boost pellet insertion: \$100

Easily order your BioTE nutraceutical from our online store! Scan the QR code and create an account. Then you can easily order your products any time you need to replenish your supply!

